

Personal Values, COVID and Caregiver Strain in Dementia Carers

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Participant Debrief

Thank you for your participation.

This research involved completing questionnaires asking about your feelings regarding COVID-19, your mood, your personal values, behaviours you may experience in the person you care for, and the level of strain you experience as part of your caregiving role.

This research is important in understanding the factors that contribute to caregiver strain, and can hopefully be used to inform organisations about what areas carers struggle with and inform how they can be supported.

The data you have contributed will form part of a larger dataset and will remain anonymous and confidential, therefore your data will not be analysed individually and findings will not be traceable to you as all data will be assigned to a unique identifier rather than your name or any other personal identifiable information. Data will be held until the exam board meets and the grade for this dissertation project is confirmed. After

this time any personally identifiable information will be destroyed in line with Data Protection legislation. The anonymized dataset may be published in an academic journal.

All information will be kept securely and processed in line with the British Psychological Society and the University of Gloucestershire ethical guidelines and personal information processed in compliance with data protection legislation. To read more about the university privacy policy for research participants please follow this link:<https://www.glos.ac.uk/docs/download/Privacy-notices/Research-Participants-Privacy-Notice.pdf>

If you would like to withdraw your results please email the researcher your unique identifier and ask to withdraw your data. You may withdraw your data up until two weeks after taking part – any requests to withdraw after this time may not be actionable as the data may already be anonymously entered for analysis.

Thank you for completing this study, we appreciate that some of the topics covered are sensitive in nature.

You are reminded that all precautions have been taken to protect you, however, if you wish to gain additional help or support after the completion of this study please contact your GP, the Samaritans free phone 116 123 or via email at jo@samaritans.org.

For specific concerns about dementia or caring the Alzheimer's Society National Dementia Helpline can be contacted on 0300 222 1122.

If you have questions about the research, then please contact the researcher, Jazz Callen-Davies: jazzcallen-davies@connect.glos.ac.uk

If you have any concerns about the conduct of the research, please contact my supervisor, Dr Kerry Rees: krees@glos.ac.uk.

If you wish to discuss the research with an independent party, please contact the chair of the research ethics panel, Dr Rachel Sumner: rsumner@glos.ac.uk

This research has been approved by the Psychological Sciences Research Ethics Panel.

Ethics Ref: MP_2020_28

It is recommended that you keep a copy of this debrief form.

For SurveyCircle users (www.surveycircle.com): The Survey Code is: TC4K-C9AM-MAN3-37VS

